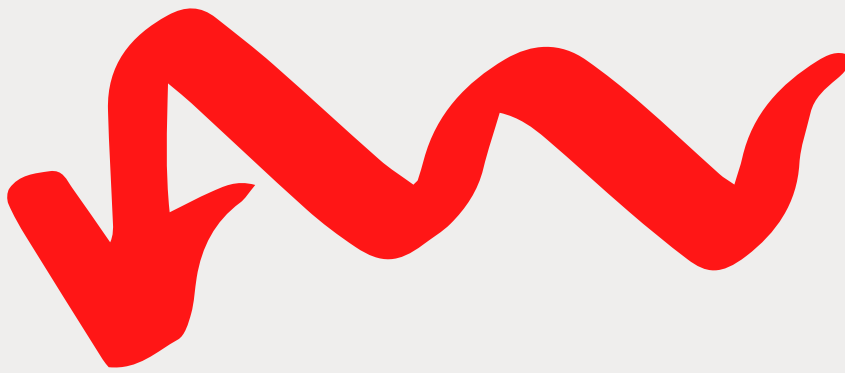


Sex/Gender



Young men may often feel under more pressure than young women to avoid expressing certain emotions



This may be why we found that **young men** were more likely than young women to say they had **no one to turn to for comfort** and report **lower life satisfaction**



However, we also found that **young men who went to university** were **less likely to say they had no one to turn to for comfort**, and they also reported **slightly better life satisfaction**



It could be that universities create a safe community in which men can feel more able to share their feelings when they are in need of comfort. This might also be positive for their life satisfaction.

