Ethnicity

in young adults' wellbeing



In addition to experiencing daily microaggressions, people from minority ethnic groups, such as Black and Asian backgrounds, face various structural and societal barriers, including access to quality education, housing and healthcare



We found that Black and
Asian youths who went to a
university that would have
normally required higher
grades reported better life
satisfaction than those who
went to other alternative
universities







This is possibly because they feel they have now 'made it' and overcome some of the structural barriers they faced



